What is Emotional Intelligence?

Emotional Intelligence (EI) can be defined as a set of emotional and social skills that influence the way we perceive and express ourselves, develop and maintain social relationships, cope with challenges, and use emotional information in an effective and meaningful way.

Why is EI Important?

While emotional intelligence isn’t the sole predictor of human performance and development potential, it is proven to be a key indicator in these areas. Emotional intelligence is not a static factor – to the contrary, one’s emotional intelligence changes over time and can be developed in targeted areas.

A Scientific Approach to Talent Development

For almost 20 years, consultants and organizations have trusted the science that underpins the EQ-i 2.0® (and its predecessor the EQ-i 1.0) to help improve human performance. The EQ-i 2.0 is a psychometric assessment which measures emotional intelligence (EI) and how it can impact people and the workplace. Being the first scientifically validated measure of EI, coupled with research from premier organizations, means you can count on the EQ-i 2.0 to add robustness and accuracy to your talent management initiatives.

Applications of emotional intelligence include:

- Leadership Development
- Selection
- Organizational Development
- Executive Coaching
- Team Building
- Student Development

The EQ-i 2.0 Model

The 1-5-15 factor structure: The EQ-i 2.0 features one overarching EI score (Total EI), broken down into five composite scores which measure five distinct aspects of emotional and social functioning. These in turn, are broken down into a total of 15 subscales.

**EQ-i 2.0 QUICK FACTS**

<table>
<thead>
<tr>
<th>AGE RANGE</th>
<th>REPORT OPTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>18 years or older</td>
<td>• Workplace</td>
</tr>
<tr>
<td>ADMINISTRATION TIME</td>
<td>• Leadership</td>
</tr>
<tr>
<td>15 - 30 minutes</td>
<td>• Group</td>
</tr>
<tr>
<td>NUMBER OF ITEMS</td>
<td>• 360</td>
</tr>
<tr>
<td>133</td>
<td>• Higher Education</td>
</tr>
<tr>
<td>USED IN 60+ COUNTRIES</td>
<td>NORMS AND LANGUAGES</td>
</tr>
<tr>
<td>FORMAT</td>
<td>Several language versions and norm groups available.</td>
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<tr>
<td>Online Portal for quick and easy administration and scoring</td>
<td>CERTIFICATION</td>
</tr>
<tr>
<td></td>
<td>• EQ-i 2.0® Certification course; please visit our website <a href="http://www.workplacenordic.com">www.workplacenordic.com</a> for more information.</td>
</tr>
</tbody>
</table>
Helping You Help Others with our EQ-i 2.0®

Special Features

CUSTOMIZATION
Create your reports to fit the way you work with your clients by choosing sections that matter the most. For example, you can brand the report with your logo and turn on/off labels, scores, and report sections.

BUSINESS CENTRIC
Professional color coding format representing each of the five composite scores, a clear layout, and straight-forward language making it easier for you and your client to interpret results.

UNPARALLELED SUPPORT
Designed with clear instructions, interpretation guidelines and results-driven content for both you and your client throughout the reports. Workplace Nordic’s friendly user support will be there to help you, in case you have any questions when using EQ-i 2.0.

Online, Easy to Use Report Administration
Web portal, tap.mhs.com, provides a completely automated way to send invitations, manage participants and generate reports. The portal allows you to access invaluable resources, the latest product releases and information.

CONTACT US FOR MORE INFORMATION!
tel. +358 400 173 924
info@workplacenordic.com

Visit our website:
www.workplacenordic.com